Work stress and work satisfaction among teachers  
The role of psychological need fulfillment  

PhD project, application deadline 2019-03-01

In Sweden, like in other parts of the world, teachers report unfavorable working conditions and a high prevalence of stress, which may help explain the high turnover of especially new teachers. Teachers in Sweden have furthermore experienced various cutbacks and reforms in recent years, and these have substantially altered the conditions for teaching. A special circumstance for teachers in Sweden is the 45-hour workweek during the school year. Ten of these working hours are regulated to be done at home, something that may potentially influence teachers’ possibility to separate work from private life and to recover from work. Due to these psychosocial working conditions, with high emotional demands coupled with long working hours, teachers are at risk for developing ill health at work.

This PhD project in which we will primarily focus on different mental health indicators among teachers using psychological and physiological measures (such as biomarkers) over time, is a part of a larger longitudinal project aiming to implement and evaluate a positive psychology intervention among students in school.

The competitive applicant should, besides a Master’s degree in psychology, have prior research experience and preferably at least one scientific publication.

If you are interested in joining a multidisciplinary team of researchers and doctoral students, please do not hesitate to contact us well in advance of the application deadline.

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