

PROJEKT SOM SÖKER UPPSATSSTUDENTER PÅ PSYKOLOGPROGRAMMET

Online Survey of Adolescents with ADHD Treated with Group-Based Mindfulness

We are looking for 1-2 psykologprogram students who are willing to assist with data collection as part of an ethically approved study evaluating the efficacy of a group-based mindfulness treatment for adolescents with ADHD.

The treatment study is led by Irina Landin (Clinical Psychologist, Region Skåne) as part of her PhD research, under the supervision of Dr Peik Gustafsson (Department of Child & Adolescent Psychiatry) and Professor Sean Perrin (Department of Psychology).

The treatment phase of the study is completed. We are looking for assistance carrying out the long-term follow-up assessment of all patients who began the study (n= 73). Owing to the pandemic, the assessment will be carried out via a GDPR-secure, online survey (QUALTRICS or similar).

For the purposes of the thesis, the data would be analyzed/discussed in the context of a cross-sectional design. So for example, the thesis could address the relationship between the current severity of ADHD, anxiety and depression symptoms, mindfulness, current treatment and indices of everyday functioning.

Our preference is to start this research project as soon as the students are able to begin.

Professor Perrin will supervise with assistance from Ms Landin. Supervision will be via Zoom and in English. The students may write their thesis in Swedish but English is preferred.

If you are interested, please send an email to sean.perrin@psy.lu.se.